

□ MENEGHETTI

Meneghetti Spa
Menu





Welcome to Meneghetti spa

Rooted in nature

Secluded in the pastoral heart of Istria, where sunlit vineyards slope into whispering groves of ancient olives, Meneghetti Spa is a sanctuary where time slows and the senses awaken. Here, the generosity of the land meets the ritual of wellness, creating a space where every breath becomes a step toward renewal.

At Meneghetti Spa, nature is not an accessory - it is the foundation. Every treatment draws inspiration from the land that surrounds us: the ancient olive groves, flourishing vineyards, lush gardens, and aromatic Mediterranean botanicals that thrive on Istria's distinctive red terrain.

Our approach honours the estate and region through the purest, locally sourced ingredients:

- Cold-pressed olive oil from Meneghetti groves
- Locally crafted olive-pulp exfoliant and skin care products
- Organic grape seed oil from Istria
- Organic apricot seed oil sourced in Croatia
- Croatian lavender and rosemary essential oils selected exclusively for Meneghetti Spa

These elements honor Istria's agricultural heritage and embody the spirit of Meneghetti - simple, honest, and profoundly rooted in nature.

Spa Experience

Born of sun-warmed soil, sea air, and centuries of cultivation, Meneghetti Spa is where time slows and the senses return to the rhythms of the land. Our approach to wellness follows a simple principle:

Terrain → Oil → Scent → Touch

Every ritual is an invitation to attune to the quiet rhythm of the land, to reconnect with the earth, and to rediscover your own inner balance and the vitality of Meneghetti

We invite you to Explore our curated Spa Menu and embark on a journey of wellness that begins at the source.



Signature rituals

Land · Oil · Scent · Touch · Rest

Our signature rituals embody the essence of Meneghetti Spa. Drawn from the estate's olive groves and vineyards, each follows a natural journey from land to skin, turning locally sourced ingredients into immersive experiences of care, grounding, and renewal.

OLIVE OIL RITUAL

Full-body exfoliation · Olive pulp exfoliant · Estate olive oil massage

75 min | 195 €

Inspired by Meneghetti's ancient olive groves, this ritual awakens the senses and grounds the body in the spirit of Istria. It begins with a calming inhalation of estate-pressed olive oil and fresh garden lavender, inviting presence and mindful breath.

A gentle exfoliation of olive pulp and local botanicals softens and renews the skin, preparing the body for a nourishing full-body massage with our antioxidant-rich olive oil. Slow, rhythmic movements restore circulation and ease tension in legs and muscles. The experience concludes with a lavender elixir and a moment of repose on a waterbed in our tranquil lounge, allowing the body to fully absorb the ritual's restorative benefits.

Result: Silky skin, renewed energy, and a profound sense of calm.

VINOTHERAPY RITUAL

Grape skin exfoliation · Organic cold-pressed grape seed oil · Circulation-boosting massage

75 min | 195 €

Drawn from Meneghetti's vineyards, this antioxidant-rich ritual celebrates the vitality of the grape and its restorative qualities. The experience begins with a mindful inhalation of aromatic grape seed oil and garden lavender, gently awakening the senses.

A delicate exfoliation of finely milled grape skins refines the skin and enhances radiance, removed with warm, lavender-scented towels. This is followed by a full-body massage with organic, cold-pressed grape seed oil, promoting circulation, toning the skin, and relieving physical fatigue. The ritual concludes with a revitalising elixir and a guided moment of rest in our tranquil lounge, allowing body and breath to fully settle.

Result: Refreshed skin, restored vitality, and a deep connection to nature's quiet rhythm.

Massage & body treatments

Our massage and body treatments cater to the diverse needs of body and nervous system, from deep muscular release to gentle restoration and mindful movement. Each session is delivered with attentive touch, natural oils, and an unhurried, restorative approach.

Restorative & aromatherapy massage

For complete relaxation, restored balance, and full-body renewal

AROMATHERAPY MASSAGE

Full-body massage · Personalized pressure · Essential oil selection

50 min · 130 € | 75 min · 180 €

A deeply personalised massage tailored to your preferred pressure and a curated blend of essential oils, with lavender to soothe, rosemary to invigorate and cypress to ground. Slow, rhythmic movements release tension, calm the breath and restore balance to the body.



Deep & therapeutic bodywork

For relief from muscular tension, fatigue and physical strain

THERAPEUTIC MASSAGE

Full-body massage · Custom pressure · Organic grape seed oil · CBD optional

50 min · 125 € | 75 min · 170 €

A restorative treatment designed for chronic tension and fatigue. Working deeply and intuitively, the therapist focuses on the back, legs and specific areas of concern. Organic cold-pressed grape seed oil nourishes the skin, while optional CBD supports deeper relief for muscles and the nervous system. The experience is completed with a warm, aromatic towel.

DEEP FLOW MASSAGE

Firm pressure · Flowing techniques · Organic grape seed oil · CBD optional

50 min | 130 €

A revitalising blend of deeper massage strokes and flowing whole-body techniques. Designed for guests who prefer firm pressure, this treatment releases tension from legs to shoulders while maintaining a smooth, rhythmic flow throughout the session.

Targeted relief & modern stress

For relief from upper-body tension and digital fatigue

UNWIND & DE-STRESS

Back, neck, shoulders & scalp · AA De-Stress Oil & Muscle Gel

50 min | 125 €

A focused upper-body massage using Aromatherapy Associates De-Stress Muscle Oil and Gel, infused with black pepper, ginger, rosemary and lavender. Pressure-point techniques and warming botanicals ease tension, boost circulation and calm the mind.

DIGITAL ESCAPE DE-STRESS

Upper-body focus · Estate olive oil · CBD optional · Scalp massage

50 min | 125 €

Designed for digitally driven lifestyles, this treatment focuses on the shoulders, neck, arms and scalp. Warm estate olive oil melts away accumulated tension, while optional CBD supports a deeper release. A mindful scalp massage restores clarity and a sense of grounding.

Gentle & supportive care

For special life stages and nurturing touch

PRENATAL MASSAGE

Side-lying position · Organic grape seed oil · Lavender optional

50 min | 125 €

A nurturing massage designed for expectant mothers. Performed in a supported side-lying position, this gentle treatment eases back pain, leg fatigue and swelling. Optional Croatian lavender oil enhances relaxation.

Movement, stretch & mobility

For flexibility, circulation, and mindful release

ASSISTED STRETCHING RITUAL

Clothed treatment · Assisted yoga · Energy line pressure

50 min | 125 €

A meditative fusion of assisted stretching, acupressure and Thai-inspired passive movements. This fully clothed session enhances mobility, improves flexibility and restores balance through breath-led movement.

ZEN & STRETCH

Swedish & deep tissue massage · Assisted stretching · AA Muscle Gel & Oil

50 min · 130 € | 75 min · 180 €

A therapeutic blend of massage and assisted stretching designed to ease modern stress. Aromatherapy Associates Muscle Gel and Oil support muscle release and circulation, while deliberate, focused movements restore clarity, mobility and ease.





Facials

Our facial treatments support skin health through precise cleansing, deep hydration and targeted care. Each facial works in harmony with the body, using refined techniques and high-quality formulations to restore balance, radiance and lasting comfort.

Essential skin care

For hydration, freshness, and everyday balance

ISTRIAN HYDRO-GLOW FACIAL

Cleanse & exfoliate · Hyaluronic infusion · Hydrating mask · Sculpting massage

60 min | 120 €

A moisture-focused facial created for dehydrated or tired skin. The treatment begins with gentle cleansing and exfoliation, followed by a deeply hydrating mask to replenish moisture levels. A sculpting facial massage using a locally crafted cream enriched with olive pulp and Istrian botanicals enhances circulation and absorption.

Result: Smooth, luminous, and deeply hydrated skin.

MEN'S DETOX & ENERGY FACIAL

Deep cleanse · Detoxifying mask · Facial & scalp massage

60 min | 120 €

A high-performance facial tailored to the specific needs of men's skin. This treatment deeply cleanses and refreshes the skin while relieving tension through targeted facial and scalp massage. Plant-based actives support clarity, hydration and renewed vitality.

Result: Clear, refreshed, and revitalized skin.

Targeted facial treatments

For firmness, renewal, and visible skin revitalization

OLIVE LEAF LIFTING FACIAL

Lifting serum · Firming massage · Contour mask

75 min | 170 €

An advanced facial designed to address loss of firmness and tone. Following a deep cleanse and exfoliation, a concentrated lifting serum rich in peptides and botanical firming agents is applied. Sculpting massage techniques enhance definition, while a tightening contour mask supports lift and radiance.

Result: Enhanced definition, with visible lift and renewed radiance.

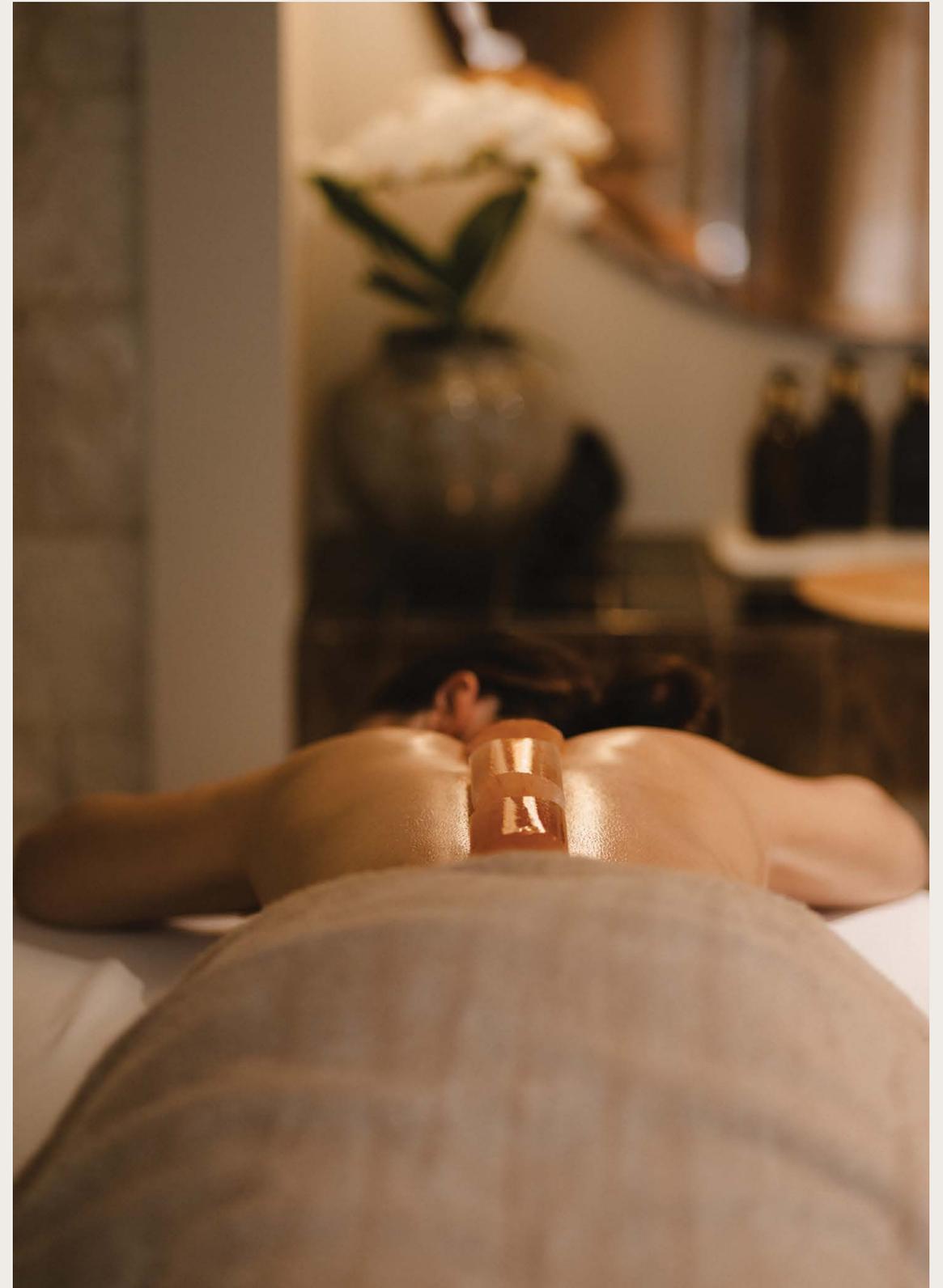
VINEYARD RENEWAL FACIAL

Gentle exfoliation · Rejuvenating serum · Nourishing mask

75 min | 170 €

A restorative facial designed for fatigued or stressed skin. Gentle exfoliation prepares the complexion for a rejuvenating serum that supports cellular renewal. A nourishing mask and restorative massage enhance microcirculation and restore vitality.

Result: Smoother, softer, and visibly renewed skin.



Mini spa treatments

Our mini spa treatments offer focused care in shorter formats, created to complement longer rituals or provide moments of restoration when time is limited. Each treatment is delivered with the same level of attention, natural ingredients and unhurried touch that define Meneghetti Spa.

WARM OIL HEAD MASSAGE

Warm oils · Organic grape seed oil · Croatian lavender or rosemary

25 min | 60 €

A deeply calming scalp and head massage using warm organic cold-pressed grape seed oil blended with either Croatian lavender or rosemary essential oil. Slow, meditative movements release mental fatigue, nourish the scalp, and invite stillness and clarity.

Result: Quiet mind, relaxed scalp, and restored inner balance.

OLIVE GROVE FOOT MASSAGE

Olive-pulp exfoliation · Warm towel wrap · Pressure-point foot massage

25 min | 60 €

This grounding treatment begins with gentle exfoliation using Meneghetti's olive-pulp scrub, followed by a warm towel cleanse. A focused foot massage stimulates circulation, eases tension, and restores balance from the ground up.

Result: Lightness in the legs, revived circulation, and a sense of grounding.

HYDRATING MINI FACIAL

Cleanse · Hydrating mask · Facial massage

25 min | 60 €

An express facial designed to refresh and hydrate the skin. Gentle cleansing and exfoliation prepare the skin for a nourishing mask, followed by a revitalizing facial massage using a locally made cream enriched with olive pulp and Istrian botanicals.

Result: Luminous, balanced, and refreshed skin.

SCULPT & GLOW FACE MASSAGE

Contouring facial massage · Lymphatic drainage

25 min | 60 €

A lifting and contouring facial massage performed with a locally made cream enriched with olive pulp and Istrian botanicals. Targeted sculpting techniques and lymphatic drainage enhance definition and revive the skin's natural glow.

Result: Lifted contours and radiant, refreshed skin.





Private spa experience

PRIVATE NIGHT SPA

Private access to the Tranquility Zone · Sparkling wine & fruit · 50-minute massage per person · Candlelit relaxation

3 hours | 300 € per person (min 2 persons)

An intimate, after-hours spa experience created for couples seeking privacy, connection and quiet indulgence. As evening falls, the spa becomes exclusively yours, candlelit, serene and unhurried.

The experience begins with private access to the Tranquility Zone, where warm water, soft light and stillness set the tone for deep relaxation. A bottle of sparkling wine, seasonal fruit and premium teas are prepared for your enjoyment, creating a refined setting for shared moments of rest. Each guest enjoys a 50-minute massage selected from the spa menu and delivered with attentive, personalised care. Gentle rhythms, subdued lighting and uninterrupted time allow both body and mind to fully unwind.

Ideal for celebrations, anniversaries, honeymoons, or a romantic escape designed entirely around you.

Advance reservation required:

To ensure privacy and preparation, the Private Night Spa must be scheduled at least 14 days prior to arrival.



Meneghetti spa

Treatment rooms

Step into serenity - Meneghetti Spa presents three elegantly appointed treatment rooms where hushed tones and gentle lighting create a sanctuary of calm. Each space promises utter privacy, setting the stage for soul-soothing rituals and moments of rare repose.

Family pool

Fringed by fragrant gardens and kissed by dappled sunlight, the family pool is a tranquil escape for all ages. Overlooking lush greenery, it offers a refreshing pause, where laughter echoes gently and time slows to the rhythm of nature.

Water depth: min 135 cm / max 140 cm

Water depth: min 120 cm / max 160 cm

Tranquility zone

Tranquility Zone at Meneghetti Spa invites you to slow down, reconnect, and surrender to the therapeutic power of water, heat, and stillness. Designed for guests aged 18 and over, this serene sanctuary blends tradition, nature, and elegance to restore harmony to body and mind.

Tranquility Zone indoor pool

Temperature: 28°C

Water depth: min 105 cm / max 150 cm

Finnish Bio sauna

Temperature: 45-60C (113-140F)

Humidity: 40-60%

Suggested duration: 15-30 minutes

Steam room

Temperature: 40-50C (104-122F)

Humidity: 90 -100%

Suggested duration: 10-20 minutes

Therapeutic Rainfall Shower

Spa Lounge with calm-flow waterbeds

Garden Spa - outdoor Finnish sauna and cold plunge pool

Temperature: 70-100C (158-212F)

Humidity: 5-20%

Suggested duration: 5-15 minutes

Garden Spa - cold plunge pool

Temperature: 8-15C (46-59F)

Suggested duration: 30 sec – 2 min (beginners), 2 min – 5 min (intermediate) or up to 8 min (advanced)

Spa guidelines

To ensure a serene and seamless experience during your time with us, please take a moment to review our spa guidelines.

Working hours

Gym is open 24h.

Tranquillity Zone: 9h - 19h

Family pool: 9h - 19h

Spa treatments: 11h - 19h

Please note that operating hours may vary by season. Kindly contact us for the most up-to-date information.

Resident guests

We are delighted to offer all resident guests' complimentary access to our spa and gym facilities during designated hours.

Treatment reservations

To ensure availability and secure your preferred treatment time, we kindly recommend booking in advance. All bookings are subject to a 24-hour cancellation policy. Please note that all spa services, availability, and pricing are subject to change without prior notice.

Spa Boutique

To continue your spa regimen at home, skin care products and oils used in our treatments are available in our Spa Boutique.

Private experiences

You can experience some of our massage therapy treatments in the privacy of your residence, subject to therapists' availability. More information at the Spa reception. Additional cost of 50€ per treatment applies.

Prices are inclusive of VAT. A service charge of 5% is not included in the price.

Spa etiquette

Age Restrictions

Access in the Tranquility Zone is not permitted for children under 16 years. Access in the fitness studio is not permitted for children under 14 years. Children aged 14-16 may enter only accompanied by an adult

Health & Safety

Your well-being is important to us! If you have any health concerns, please consult the doctor before using saunas

Attire

For your comfort, we kindly request that you arrive in the bathrobe provided in your room. This is a swimsuit-required area. Saunas are swimwear- optional

Valuables

Please leave your valuables in your room for your convenience and peace of mind.

Hygiene

Before entering the sauna or pool, we kindly ask that you take a shower to maintain a clean environment.

Peaceful Retreat

This is a space for rest and renewal - please enjoy the serene ambiance. We kindly request that you keep noise to a minimum. Please use headphones for music and avoid loud conversations to ensure a peaceful environment for all.

Mobile phones

For a fully mindful experience, kindly leave your phone in silent mode and refrain from calls

Photography

Strictly prohibited

Cleanliness

Kindly use a hand towel and disinfect the gym equipment after each use to maintain a clean and pleasant environment.

Handling

We kindly ask that all gym equipment be returned to its designated place after use.

Safety waiver

Use of Tranquility Zone facilities is at your own risk. We cannot accept responsibility for any adverse reactions.

Loss waiver

The Meneghetti Spa cannot accept any responsibility for loss of or damage to possessions whilst using the facilities. Kindly use lockers or leave your belongings safely in your room.







Dobrodošli u Meneghetti spa

Ukorijenjeni u prirodi

Skriven u pastoralnom srcu Istre, gdje osunčani vinogradi i stabla drevnih maslinika žive u simfoniji prirode, Meneghetti Spa predstavlja utočište u oazi opuštajuće tišine - eterični hram zdravlja gdje se vrijeme nježno razmotava, a osjeti se bude. Ovdje se darežljivost zemlje isprepliče s ritualom blagostanja, stvarajući prostor u kojem svaki udah postaje tihi korak prema obnovi.

U Meneghetti Spa priroda nije dodatak, ona je naš temelj. Svaki tretman inspiriran je zemljom koja nas okružuje: drevnim maslinicima, bujnim vinogradima, raskošnim vrtovima i aromatičnim mediteranskim biljem koje uspijeva na prepoznatljivoj istarskoj crvenici.

Naš pristup odaje počast imanju i regiji kroz najčistije, lokalno uzgojene sastojke:

- Hladno prešano maslinovo ulje iz naših maslinika
- Ekstolijanti i proizvodi za njegu kože izrađeni od naše maslinove pulpe
- Organsko ulje koštica grožđa
- Organsko ulje koštica marelice iz Hrvatske
- Hrvatska lavanda i ružmarin u eteričnim uljima, odabrani isključivo za Meneghetti Spa

Ovi elementi odaju počast istarskoj poljoprivrednoj baštini i utjelovljuju duh Meneghettija – jednostavan, iskren i duboko ukorijenjen u prirodu.

Spa Iskustvo

Rođen iz sunčanog tla, morskog zraka i stoljetne poljoprivredne tradicije, Meneghetti Spa je mjesto gdje vrijeme usporava, a osjetila se vraćaju ritmovima zemlje. Naš pristup wellnessu slijedi jednostavno načelo:

Zemlja → ulje → miris → dodir

Svaki ritual poziv je da se uskladite s tihim ritmom Istarske zemlje, ponovno povežete s prirodom i otkrijete vlastitu unutarnju ravnotežu te vitalnost Meneghettija.

Pozivamo vas da istražite naš pažljivo osmišljeni Spa Menu i započnete putovanje dobrobiti koje počinje od izvora.



Tretmani s potpisom

Zemlja · Ulje · Miris · Dodir · Opuštanje

Naši signature rituali utjelovljuju srž Meneghetti Spa. Nadahnuti maslinicima i vinogradima imanja, svaki slijedi prirodni put od zemlje do kože, pretvarajući lokalne sastojke u iskustva njege, prizemljenja i obnove.

RITUAL MASLINOVOG ULJA

Cjelotjelesna ekfolijacija · Ekfolijant od maslinove pulpe · Masaža maslinovim uljem

75 min | 195 €

Inspiriran drevnim maslinicima Meneghettija, ovaj ritual budi osjetila i prizemljuje tijelo u duhu Istre. Počinje umirujućim udisanjem maslinovog ulja prešanog na imanju i svježe vrtne lavande, pozivajući na prisutnost i svjesno disanje.

Blaga ekfolijacija maslinovom pulpom i lokalnim biljem omekšava i obnavlja kožu, pripremajući tijelo za hranjivu masažu cijelog tijela s našim antioksidansima bogatim maslinovim uljem. Spori, ritmični pokreti obnavljaju cirkulaciju i otklanjaju napetost u nogama i mišićima. Ritual završava lavandinim eliksirom i trenutkom odmora na vodnom krevetu u mirnom loungeu, dopuštajući tijelu da u potpunosti upije blagodati tretmana.

Rezultat: Svilenkasta koža, obnovljena energija i dubok osjećaj mira.

VINOTERAPIJA

Ekfolijacija kožica grožđa · Organsko hladno prešano ulje koštica grožđa · Masaža koja potiče cirkulaciju

75 min | 195 €

Inspiriran vinogradima Meneghettija, ovaj antioksidansima bogat ritual slavi vitalnost grožđa i njegove obnoviteljske kvalitete. Počinje svjesnim udisanjem aromatičnog ulja koštica grožđa i vrtne lavande, nježno budeći osjetila.

Delikatna ekfolijacija finih kožica grožđa pročišćava kožu i poboljšava sjaj, uklanjana toplim ručnicima s mirisom lavande. Slijedi masaža cijelog tijela s organskim hladno prešanim uljem koštica grožđa koja poboljšava cirkulaciju, tonira kožu i ublažava umor. Ritual završava revitalizirajućim eliksirom i trenutkom vođenog odmora u mirnom loungeu, omogućujući tijelu i disanju da se potpuno smire.

Rezultat: Osvježena koža, obnovljena vitalnost i duboka povezanost s tihim ritmom prirode.

Masaže i tretmani tijela

Naše masaže i tretmani tijela prilagođeni su raznim potrebama tijela i živčanog sustava, od dubokog otpuštanja mišića do nježne obnove i svjesnog kretanja. Svaka se sesija izvodi pažljivim dodirrom, s prirodnim uljima i nenametljivim ritmom koji obnavlja.

Restorativna i aromaterapijska masaža

Za potpunu relaksaciju, obnovljenu ravnotežu i cjelokupnu revitalizaciju tijela

AROMATERAPIJSKA MASAŽA

Masaža cijelog tijela · Personalizirani pritisak · Odabrana eterična ulja

50 min · 130 € | 75 min · 180 €

Duboko personalizirana masaža prilagođena vašem odabiru pritiska i pažljivo odabranim eteričnim uljima, s lavandom za smirenje, ružmarinom za osvježanje i čempresom za prizemljenje. Spori, ritmični pokreti oslobađaju napetost, umiruju dah i obnavljaju ravnotežu tijela.



Intenzivne terapijske masaže

Za ublažavanje napetosti, umora i fizičkog opterećenja

TERAPEUTSKA MASAŽA

Masaža cijelog tijela · Personalizirani pritisak · Organsko ulje koštica grožđa · Opcionalno CBD ulje
50 min · 125 € | 75 min · 170 €

Restorativni tretman dizajniran za kroničnu napetost i umor. Terapeut radi duboko i intuitivno, fokusirajući se na leđa, noge i problematična područja. Organsko hladno prešano ulje koštica grožđa njeguje kožu, dok opcionalni CBD pomaže dubljem otpuštanju mišića i živčanog sustava. Tretman se završava toplim aromatičnim ručnikom.

DEEP FLOW MASAŽA

Čvrst pritisak · Tehike u fluidnom ritmu · Organsko ulje koštica grožđa · Opcionalno CBD ulje
50 min | 130 €

Revitalizirajući spoj dubokih masažnih pokreta i fluidnih tehnika cijelog tijela. Namijenjeno gostima koji preferiraju čvrst pritisak, ovaj tretman otpušta napetost od nogu do ramena uz održavanje glatkog, rit mičnog protoka.

Ciljano ublažavanje stresa

Za ublažavanje napetosti u gornjem dijelu tijela i digitalnog umora

OPUŠTANJE & DE-STRESS

Leđa, vrat, ramena i vlasište · AA De-Stress ulje i gel
50 min | 125 €

Fokusirana masaža gornjeg dijela tijela s Aromatherapy Associates De-Stress uljem i gelom, obogaćenim crnim paprom, đumbirom, ružmarinom i lavandom. Tehnike ciljanog pritiska i toplih biljnih pripravaka otpuštaju napetost, poboljšavaju cirkulaciju i smiruju um.

DIGITALNI DE-STRESS

Fokus na gornji dio tijela · Maslinovo ulje · Opcionalno CBD ulje · Masaža vlasišta
50 min | 125 €

Namijenjeno digitalno vođenim životnim stilovima, ovaj tretman se fokusira na ramena, vrat, ruke i vlasište. Toplo maslinovo ulje s našeg imanja otapa nagomilanu napetost, dok opcionalno CBD ulje omogućuje dublje otpuštanje. Masaža vlasišta vraća jasnoću i osjećaj opuštanja.

Prenatalna njega

Za posebne životne faze

PRENATALNA MASAŽA

Bočni položaj · Organsko ulje koštica grožđa · Opcionalno ulje lavande
50 min | 125 €

Njegujuća masaža dizajnirana za trudnice. Izvodi se u podržanom bočnom položaju, nježno olakšavajući bol u leđima, umor nogu i oticanje. Opcionalno lavandino ulje pojačava relaksaciju.

Pokretnost & mobilnost

Za fleksibilnost, cirkulaciju i svjesno otpuštanje

RITUAL ENERGETSKOG ISTEZANJA

Tretman bez razodijevanja · Pritisak po energetskim linijama
50 min | 125 €

Meditativni spoj asistiranog istezanja, akupresure i tajlandskih pasivnih pokreta. Ovaj tretman u odjeći poboljšava mobilnost, fleksibilnost i vraća ravnotežu kroz svjesno disanje.

ZEN ISTEZANJE

Švedska masaža · Asistirano istezanje · AA Muscle Gel & Oil
50 min · 130 € | 75 min · 180 €

Terapeutski spoj masaže i asistiranog istezanja za ublažavanje modernog stresa. Aromatherapy Associates Muscle Gel i Oil pomažu otpuštanju mišića i poboljšanju cirkulacije, dok promišljeni, ciljano vođeni pokreti obnavljaju jasnoću, mobilnost i lakoću.





Tretmani lica

Naši tretmani lica podržavaju zdravlje kože preciznim čišćenjem, dubinskom hidratacijom i ciljanom njegom kože lica. Svaki tretman djeluje u harmoniji s tijelom, koristeći posebne tehnike i visokokvalitetne formule za obnovu ravnoteže barijere, zdravog sjaja i dugotrajne ugone.

Osnovna njega kože

Za hidrataciju, svježinu i svakodnevnu ravnotežu

ISTARSKI HYDRO-GLOW

Čišćenje i eksfolijacija · Hijaluron · Hidratantna maska · Masaža lica

60 min | 120 €

Duboko hidratizirajući tretman za dehidriranu i umornu kožu. Tretman započinje nježnim čišćenjem i eksfolijacijom lica, zatim slijedi dubinski hidratantna maska, a masaža lica lokalno izrađenom kremom s maslinovom pulpom i istarskim biljem poboljšava cirkulaciju i apsorpciju.

Rezultat: Glatka, sjajna i dubinski hidratizirana koža.

DETOKS & ENERGIJA – TRETMAN ZA MUŠKARCE

Dubinsko čišćenje · Detoksikacijska maska · Masaža lica i vlasišta

60 min | 120 €

Tretman prilagođen muškoj koži dubinsko čisti i osvježava kožu te smiruje napetost ciljanim masažama lica i vlasišta. Aktivni biljni sastojci vraćaju hidrataciju i obnavljaju vitalnost.

Rezultat: Čista, osvježena i revitalizirana koža.

Ciljani tretmani lica

Za čvrstoću, obnovu i vidljivu revitalizaciju kože

OLIVE LEAF LIFTING TRETMAN LICA

Lifting serum · Masaža za učvršćivanje · Contour maska

75 min | 170 €

Napredni tretman za kožu umanjene čvrstoće i tonusa. Nakon dubinskog čišćenja i eksfolijacije nanosi se koncentrirani lifting serum bogat peptidima i biljnim učvršćivačima. Tehnike sculpting masaže poboljšavaju definiciju, dok contour maska potiče lift i sjaj.

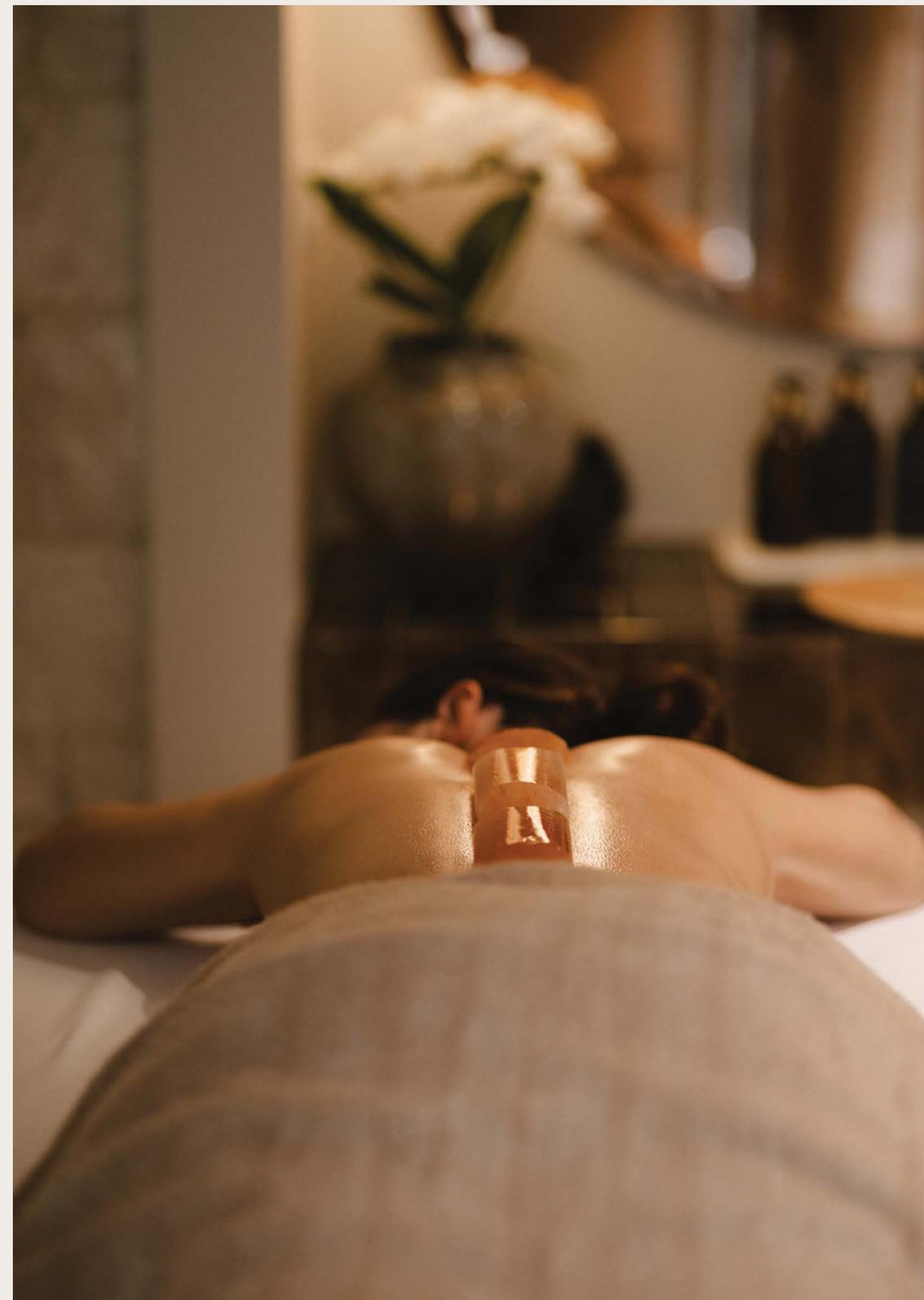
Rezultat: Poboľšana definicija, vidljiv lift i obnovljeni sjaj.

VINEYARD RENEWAL TRETMAN LICA

Nježna eksfolijacija · Serum za obnovu · Hranjiva maska

75 min | 170 €

Restorativni tretman za umornu ili stresom opterećenu kožu. Nježna eksfolijacija priprema kožu za serum koji podržava staničnu obnovu. Hranjiva maska i masaža poboljšavaju cirkulaciju i vitalnost. **Rezultat:** Glatkija, mekša i vidljivo obnovljena koža



Mini spa tretmani

Naši mini spa tretmani nude fokusiranu njegu u kraćim formatima koji nadopunjuju naše duže rituale ili pružaju kratke trenutke obnove kada je vaše vrijeme ograničeno. Svaki tretman izvodi se s jednakom pažnjom, prirodnim sastojcima i nenametljivim dodirima koji definiraju Meneghetti Spa.

TOPLA MASAŽA VLASIŠTA

Topla ulja · Organsko ulje koštica grožđa · Lavanda ili ružmarin
25 min | 60 €

Duboko umirujuća masaža vlasišta i glave toplim organskim uljem koštica grožđa pomiješanim s lavandom ili ružmarinom. Spori, meditativni pokreti otpuštaju mentalni umor, njeguju vlasište i pozivaju na mir i jasnoću.

Rezultat: Potpuno opuštanje i vraćanje unutarnje ravnoteže.

MASAŽA STOPALA PULPOM MASLINA

Eksfolijacija maslinovom pulpom · Topli ručnik · Masaža stopala
25 min | 60 €

Ovaj opuštajući tretman započinje nježnom eksfolijacijom maslinovom pulpom. Zatim slijedi čišćenje toplim ručnikom i fokusirana masaža stopala koja poboljšava cirkulaciju, oslobađa napetost i vraća ravnotežu.

Rezultat: Lakoća u nogama i obnovljena cirkulacija

HIDRATIZIRAJUĆI MINI TRETMAN LICA

Čišćenje · Hidratantna maska · Masaža lica
25 min | 60 €

Ekspresni tretman za osvježavanje i hidrataciju kože lica. Nježnim čišćenjem i eksfolijacijom koža se priprema za hranjivu masku, nakon čega slijedi revitalizirajuća masaža lica našom prirodnom kremom od maslinove pulpe uz dodatak istarskog bilja.

Rezultat: Sjajna, uravnotežena i osvježena koža.

SCULPT & GLOW MASAŽA LICA

Masaža lica za konturiranje · Limfna drenaža
25 min | 60 €

Masaža lica za lift i konturiranje, izvedena lokalno izrađenom kremom s maslinovom pulpom i istarskim biljem. Ciljane sculpting tehnike i limfna drenaža poboljšavaju definiciju i obnavljaju prirodni sjaj kože.

Rezultat: Podignuti konture lica i sjajna, osvježena koža.





Privatno spa iskustvo

PRIVATE NIGHT SPA

Privatni pristup Tranquility Zoni · Šampanjac i voće · 50-minutna masaža · Opuštanje uz svijeće
3 h | 300 € po osobi (min 2 osobe)

Intimno spa iskustvo namjenjeno parovima koji traže privatnost, povezanost i potpuno opuštanje. S dolaskom večernjih sati spa postaje samo vaš – osvjetljen svijećama, miran i nenametljiv.

Vaše privatno spa iskustvo uključuje pristup našoj Tranquility zoni s bogatim spa sadržajima i unutarnjim grijanim bazenom, gdje topla voda, mekano svjetlo i tišina postavljaju ton dubokoj relaksaciji. Uz bocu našeg najboljeg Meneghetti pjenušca, sezonsko voće i premium čajeve, naši će se terapeuti pobrnuti za potpunu ugodu i vaše zajedničke trenutke odmora. Svaka osoba uživa u 50-minutnoj masaži po izboru iz spa menu-a, izvedenoj pažljivom, personaliziranom njegom. Blagi ritmovi, prigušeno svjetlo i neprekinuto vrijeme omogućuju potpunu relaksaciju tijela i uma.

Idealno za proslave, godišnjice, medeni mjesec ili romantični bijeg osmišljen u potpunosti za vas.

Potrebna je prethodna rezervacija najmanje 14 dana unaprijed.



Meneghetti spa

Sobe za tretmane

Zakoračite u oazu mira. Meneghetti Spa nudi tri elegantno uređene sobe za tretmane, gdje prigušena svjetla i tihi tonovi stvaraju svetište spokoja. Svaki prostor jamči potpunu privatnost, pružajući savršenu pozornicu za tretmane koji umiruju dušu i trenutke rijetkog predaha.

Family pool

Okružen mirisnim vrtovima i obasjan prozračanim sunčevim zrakama, obiteljski bazen predstavlja spokojno utočište za sve generacije. S pogledom na bujnu zelenu oazu, nudi osvježavajuću pauzu, gdje se smijeh tiho razliježe, a vrijeme usporava u skladu s ritmom prirode.

Dubina vode: min 135 cm / max 140 cm

Dubina vode: min 120 cm / max 160 cm

Tranquility zone (spa)

Naša Tranquility Zona poziva vas da usporite, ponovno se povežete i prepustite terapijskoj moći vode, topline i tišine. Namijenjena gostima starijim od 18 godina, ova mirna oaza spaja tradiciju, prirodu i eleganciju, vraćajući sklad tijelu i umu.

Unutarnji bazen Zone mira

Temperatura vode: 28°C

Dubina vode: min 105 cm / max 150 cm

Finska bio sauna

Temperatura: 45-60°C

Vlaga: 40-60%

Preporučeno trajanje: 15-30 minuta

Parna soba

Temperatura: 40-50°C

Vlaga: 90-100%

Preporučeno trajanje: 10-20 minuta

Terapijski kišni tuš

Spa Lounge s CalmFlow vodenim krevetima za opuštanje

Garden Spa – vanjska finska sauna

Temperatura: 70-100°C

Vlaga: 5-20%

Preporučeno trajanje: 5-15 minuta

Garden Spa – vanjski cold plunge bazen

Temperatura: 8-15°C

Preporučeno trajanje: 30 sekundi – 2 minute (početnici), 2 – 5 minuta (srednjeiskusni) ili do 8 minuta (napredni)

Spa pravila

Kako bismo vam osigurali spokojan i besprijekoran doživljaj tijekom boravka kod nas, molimo vas da odvojite trenutak za upoznavanje s našim spa pravilima.

Radno vrijeme

Fitness centar otvoren je 24 sata dnevno.

Zona mira: 9:00 - 19:00

Obiteljski bazen: 9:00 - 19:00

Spa tretmani: 11:00 - 19:00 sati.

Molimo imajte na umu da se radno vrijeme može mijenjati ovisno o sezoni. Za najnovije informacije, ljubazno vas molimo da nas kontaktirate.

Gosti hotela

Sa zadovoljstvom svim gostima koji borave u objektu omogućujemo besplatan pristup spa i fitness sadržajima u predviđenom radnom vremenu.

Rezervacije tretmana

Kako bismo vam osigurali željeno vrijeme tretmana, preporučujemo rezervaciju unaprijed. Sve rezervacije podliježu pravilima otkazivanja najkasnije 24 sata prije termina. Molimo imajte na umu da se svi spa tretmani, dostupnost i cijene mogu promijeniti bez prethodne najave.

Spa Boutique

Za nastavak vaše spa njege kod kuće, proizvodi za njegu kože i ulja korištena u tretmanima dostupni su u našem Spa Boutiqueu.

Privatni tretmani

Neke masažne tretmane možete doživjeti i u privatnosti svog smještaja, ovisno o dostupnosti terapeuta. Više informacija dostupno je na recepciji spa centra. Za ovaj se dodatni sadržaj naplaćuje pristojba od 50€ po tretmanu.

Cijene uključuju PDV. Naknada za uslugu u iznosu od 5% nije uključena u cijenu.

Pravila ponašanja u spa

Dobne ograničenosti

Pristup Zoni mira nije dopušten djeci mlađoj od 16 godina. Djeca mlađa od 14 godina ne smiju pristupati fitness centru. Djeca od 14 do 16 godina mogu ući isključivo u pratnji odrasle osobe.

Zdravlje i sigurnost

Vaša dobrobit nam je važna! Ukoliko imate zdravstvenih problema, prije korištenja sauna konzultirajte liječnika.

Odijevanje

Za vaš komfor molimo da u Spa dođete u ogrtaču koji vam je dostavljen u sobi. U ovom prostoru obavezno je nošenje kupaćeg kostima. U saunama nošenje kupaćeg kostima je opcionalno.

Vrijedne stvari

Radi vaše sigurnosti i mira, molimo da vrijedne stvari ostavite u sobi.

Higijena

Prije ulaska u saunu ili bazen molimo da se istuširate kako bismo svi zajedno održavali čistoću prostora.

Miran ambijent

Ovo je prostor za odmor i obnovu – uživajte u spokojnoj atmosferi. Molimo da držite buku na najmanjoj razini. Za slušanje glazbe koristite slušalice, a glasne razgovore izbjegavajte kako bismo svima osigurali mir.

Mobilni telefoni

Za potpuni doživljaj molimo da mobitele stavite na tihi način rada i suzdržite se od poziva.

Fotografiranje

Fotografiranje je strogo zabranjeno.

Čistoća

Molimo da nakon korištenja opreme u fitnessu koristite ručnik za ruke i dezinfekcijsko sredstvo kako bismo svi uživali u čistom i ugodnom prostoru.

Rukovanje opremom

Nakon korištenja molimo da svu opremu vratite na svoje mjesto.

Odricanje od odgovornosti (sigurnost)

Korištenje sadržaja Zone mira i Spa centra odvija se na vlastiti rizik. Ne preuzimamo odgovornost za moguće negativne reakcije.

Odricanje od odgovornosti (gubitak)

Meneghetti Spa ne snosi odgovornost za gubitak ili oštećenje osobnih stvari tijekom korištenja sadržaja. Molimo da koristite ormariće ili da stvari ostavite na sigurnom u sobi.



